



# A Voice in the Wilderness

ST. ANDREW'S IN THE PINES EPISCOPAL CHURCH

Volume 9, Issue 6

June 2004

## The Vicar's Voice



Father Bob

As the old saying goes; "Time flies when you are having fun." It does not seem like I have been here for six months, but that is the case. I think we are all on the same page when I say we have

made it through this time with lot of joy and accomplishment and little sorrow or hardship.

There is a friend, mentor, and teacher I have known in the past, Carlisle Marney, or as he was affectionately known to his friends, just Marney. Marney was a crusty old Southern Baptist (who kept a bottle of scotch in his desk) who always said "we was born just south of God in South Carolina." One of the lessons I always remember from him is: "In order to be fully alive and complete, you must own your home town." This came to me at a time when I was struggling with my roots and my history. It was a great help in moving me

through a rough time in my life.

Pinedale and the people of St. Andrews remind me so much of my "hometown" and all it stands for. The values and quality of life is so similar, I feel like I have been spending time with my own roots. This perhaps is the greatest gift I walk away from St. Andrews with. My time here has reminded me of and renewed many of those same values I grew up with and with the quality of life reminiscent of those earlier years. For this I thank you all.

Who knows the future? Even though I sometimes wish I could know what it holds for  
*(Continued on page 3)*

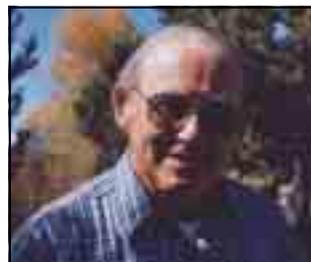
## Senior Warden's Report

Our transition period continues to run successfully and smoothly. This is certainly due, primarily, to the fact that so many people are doing so much good work in so many areas. It never ceases to amaze me how involved this whole Church process is. And another factor in this success is the constant diligence of our interim Priest, Fr. Bob. Many thanks! We will miss you!

Through his leadership, St Andrew's has begun the process of making the transition from a mission to a parish.

This change of status is not as significant in our diocese right now as it used to be, because of Bishop Caldwell's attitude toward congregations. However, with a new Bishop later on, it could once again become more important. According to church law, a mission is really directly under the supervision of the Bishop. Our local priest is called a vicar, which means appointed by the bishop as a representative. As a parish, we would have more independence and responsibility for our life to-

gether. Fr. Bob has done a wonderful job of getting us  
*(Continued on page 3)*



### Check it out!

- NEW AUTHORS
- PRETTY PICTURES
- SUMMER PLANS
- RANCH MASS IN JULY
- CHILDREN'S STORIES BEFORE SERMON

### Inside this issue:

MAKING ROOM FOR GOD	2
ALL ABOUT MONEY	2
MUSIC NOTES	3
HEALTH MINISTRY	4-5
YOUTH AND CHILDREN	6
CALENDAR	7
WORSHIP COMMITTEE	8

# A Voice in the Wilderness

## Making Room for God, Meghan Collier

OFTEN IT IS ALL TOO EASY TO BECOME CAUGHT UP IN THE CRAZINESS OF COLLEGE LIFE AND FORGET TO FIT GOD INTO YOUR DAILY AGENDA.

Going off to college is an exciting time for post high graduates. I remember the feelings of anticipation that engulfed me as I prepared for the new transition in my life. Leaving home and the watchful eye of my parents was both exhilarating and daunting. As freshmen begin preparing for the upcoming school year with the usual purchasing of school supplies, fears of zany roommates, plans of all-night hangouts and the like, one area to consider is how will you continue your spiritual walk. Often it is all too easy to become caught up in the craziness of college life and forget to fit God into your daily agenda.

In the beginning of my freshman year of college at Hope College, I was swept up in the whirlwind of activity of meeting new friends, over committing myself in volunteer and

intramural activities, attending sporting events and, of course, fitting in a few hours of studying. However, even with my busy schedule, Hope has provided me with a wonderful transition offering Chapel service three times a week and Gathering service on Sunday nights both including praise and worship, a message, and communion on Sundays. Along with the worship services offered are various Bible studies, small group gatherings, prayer vigil, and mission trips within and outside the United States. There are also various opportunities in the surrounding community that welcome college students.

Although Hope College is a Christian college, the services it offers are not solely unique to this collegiate institution. Many campuses offer Christian groups such as Inter-

varsity, Campus Crusade, Bible studies, prayer gatherings and much more. If you do not find a group to meet your spiritual needs, begin your own--there are always individuals who are also seeking to fill their spiritual hunger. As you leave behind your high school days and embark on new adventures, remember, don't leave God behind too.



## \$\$ All about Money \$\$

Editor's note: The two articles on this page offer fresh perspectives on vital topics.

Please feel free to visit with me or e-mail me material that you think may be of interest to our St. Andrew's congregation.

Irene Wherritt, ed.

Money is an important and wonderful aspect of our life. Melanie Sampson highly recommends this series of workshops for your mental health about money.



**"All About Money"** is a four session course to assist individuals and families desiring to become better managers of their financial resources. The lessons are presented by Mary Martin of the University Extension Educator three Mondays in June from 6-7:30 PM at Pinedale Public Library. The first lesson was presented on May 24<sup>th</sup> on Why and Where The Money Goes.

**June 7<sup>th</sup>** - Lesson 2: Stop spending leaks.

Determine how you are really spending your money and what problem areas exist.

**June 14<sup>th</sup>** - Lesson 3: Credit Cards as the Financial Tool They Should Be.

The Pros and Cons of credit use will be reviewed, credit danger signs, the credit history and its use and management. An introduction to Power Paying your **way out of debt** will be presented.

**June 21<sup>st</sup>** - Lesson 4 & 5: Keeping your papers and records in order and retirement.

Tips for household record keeping and review of methods available for creating your household records system.

Understanding the differences between saving and investing. Begin steps for your financial security later in life.



For further information call Melanie at 367-6305

## Music Notes Coralee Petersen

What is your all-time favorite hymn or piece of church music? You will have an opportunity to hear it this summer. There will be postage-paid (!) postcards on the piano for you to pick up. Address the post card to yourself, write down the name or first line of the music you'd like to hear, and give it to me or put it in the collection plate. We have many more resources that we can tap now that we are printing leaflets, so it need not be a hymn from our hymnal. I will do my best to locate the music, and will mail the postcard to you telling you when it will be used, so you will be sure not to miss it!

Barb Wise and I have been so pleased with the children's group that has been singing, and the progress they have made – not just in singing "their pieces", but in learning and participating more and more in the service music and prayers. Behavior at rehearsals sometimes leaves something to be desired (I could say the same of some folks in the adult choir!), but it keeps improving and their sense of ownership in what they are doing is growing. I have a special request of you adults out there: please speak to the children about it – at coffee hour or wherever you see them! Let them know that you appreciate their participation and leadership in our services.



## The Vicar's Voice, Continued

*(Continued from page 1)*

me and all of us, I guess I really don't want to know. I do know that you will be with me always as I enter into new and most certainly exciting adventures.

As I have said so often, life is like the cycle of Jesus' life. Life—death—resurrection—ascension— and finally the presence of the Holy Spirit. Our life together has been great, but now it is time for

me to move out so the new priest and the new spirit of St. Andrews can emerge and grow. I'm not quite ready for the ascension yet, but I know your spirit will be with me always and hopefully mine with you.

Thank you for a wonderful beginning of a new ministry and for your love, support and prayers. And remember: May the road rise up to meet

you.

May the wind be ever at your back.

May the sun shine warm upon your face.

And may the rain fall soft upon your fields.

Until we meet again may God hold you in the palm of his hand.

May God bless each one of you. +

Peace Fr. Bob

I DO KNOW  
THAT YOU WILL  
BE WITH ME  
ALWAYS AS I  
ENTER INTO NEW  
AND MOST  
CERTAINLY  
EXCITING  
ADVENTURES.

## Sr. Warden, Continued

started on the requisite forms and paperwork, and developed a timeline for the process. You will be hearing more about this as we proceed. As always, your comments and/or concerns are welcome.

We are nearing the end of this interim period with the much anticipated arrival of our new Vicar, Fr. Wes Shields. He is set to arrive here on

about June 20, and to spend a couple of weeks completing the moving process, and getting settled in. He will officially start his duties around July 7. Fr. Bob will move out of the Vicarage on June 10. This time frame will allow Jr. Warden Randy and crew approximately 10 days to do needed cleaning and repair work on the Vicarage.

As we prepare to complete this interim period, let us move ahead with continued vigor and enthusiasm. It will be exciting to welcome Fr. Wes and his wife Laura, into our warm and caring church family.

Submitted by;  
Fred Petersen,  
Sr. Warden



An anonymous couple donated money to help print this newsletter. Thank you!

# A Voice in the Wilderness

## Health Ministry News



**Fran Milde, RN PhD**

ST. ANDREW'S IN THE PINES HEALTH MINISTRY EXISTS TO INTEGRATE AND STRENGTHEN THE SPIRITUAL, PHYSICAL, AND EMOTIONAL HEALTH OF THE CONGREGATION.

This month two diverse topics will be discussed. The first is the Health Ministry. As you may know the Health Ministry is now officially functioning at St. Andrew's in the Pines. The Bishop's Committee approved the inauguration of the Ministry, appointed Fran Milde as the Health Minister/Parish Nurse, and appointed the Health Ministry Committee (Sue Holz, Marilyn Huffman, Judy Martin, Norm Pape, Irene Wherritt, and Fran Milde). In this article the document that was accepted by the Bishop's Committee will be presented. It overviews the mission/goals of the health ministry and describes the duties of the Health Minister/Parish Nurse and Health Ministry Committee. The second topic to be discussed this month is safety.

### Health Ministry.

St. Andrew's in the Pines Health Ministry exists to integrate and strengthen the spiritual, physical, and emotional health of the congregation. The Health Ministry does not strive to replicate services that already exist in the community.

Mission/Goal: The mission of St. Andrew's in the Pines Health Ministry is to affect whole-person health through increasing self-knowledge, personal responsibility, and interdependence among God's people. The goal is to educate and empower individuals to seek health in mind, body, and spirit by expanding their knowledge about wellness, assisting to identify methods of disease prevention, promoting positive health lifestyles, and providing access to appropriate health resources.

Health Minister/Parish Nurse: The Director of the Health Ministry is a registered nurse who ministers to individuals and families, using health education and spiritual care to promote wellness of body, mind, and spirit. The Health Minister/Parish Nurse, under the direction of the Vicar, is responsible for the implementation of the health programs of St. Andrew's in the Pines. The Health Minister/Parish Nurse focuses on activities that emphasize that health is related to everything a person does, thinks, and feels and is not merely the absence of disease. Activities may include:

Assist parishioners to achieve higher levels of wellness by improving both spiritual and physical health.

- Provide opportunities for the congregation

to learn about health issues, individually and in groups.

- Discuss health concerns, emphasizing early response to small problems and encouraging healthy lifestyle changes.
- Provide referral to health care and social services within the community.
- Speak out to help members of the congregation or community obtain needed health-related services.
- Facilitate the development of support groups.  
Recruit, prepare, and oversee volunteers who help those in need.

Health Ministry Committee: The Committee works with the Health Minister/Parish Nurse to define goals, programs, and activities of the Health Ministry. The Committee supports educational and group activities that promote whole person and congregational health. It encourages individuals and groups to be involved, making them aware of the importance of the healing that can come from (and to) each of them. While committee members provide leadership in setting up programs and in bringing about change, their responsibility is not to carry out the entire health ministry, but to make that ministry possible. The Committee does this by acting as a source of influence in the life of the church to ensure that the stewardship of health is expressed in worship, education, networks of support, and recreation. Through its influence, the Committee promotes healthy behavior and ensures strong support to individuals.

Members of the Health Ministry Committee are appointed by the Bishop's Committee to reflect the constituency of the congregation.

### Safety.

June is National safety month. The importance of a National Awareness Month is to increase our awareness and commitment to our everyday practices. Safety impacts every facet of our life. The automobile and our driving habits, the home and our attention to details, our children and their special needs of supervision are but three examples of where attention to details will impact and potentially save a life. In this article two topics will be covered that have special signifi-

## Health Ministry News, Continued

(Continued from page 4)

cance for this time of year—fireworks safety and barbeque safety.



### Fireworks safety:

There is nothing as spectacular as the busting of a fireball in the air revealing multiple colors in various arrangements.

Likewise, there is nothing so devastating as to see our loved one burned from the flammable effects of the fire blast.

The Consumer Product Safety Commission and the National Council on Fireworks Safety offer the following safety tips to help us celebrate safely this Fourth of July:

- always read and follow label directions.
- have an adult present.
- buy from reliable sellers.
- use outdoors only.
- always have water handy (a garden hose and a bucket).
- never experiment or make your own fireworks.
- light only one firework at a time.
- **never** re-light a "dud" firework (wait 15 to 20 minutes and then soak it in a bucket of water).
- **never** give fireworks to small children.
- dispose of fireworks properly by soaking them in water and then disposing of them in your trash can.
- **never** throw or point fireworks at other people.
- never carry fireworks in your

pocket.

- never shoot fireworks in metal or glass containers.
- never have any part of your body over the firework.



### Barbeque safety:

Nothing tastes better than food cooked outside. For most of us cooking on an outdoor grill is associated with fun and pleasure. Many people, however, are injured each year because one of the simple safety measures was not followed. The National Fire Protection Association offers safety tips to make sure that each and every barbeque experience is associated with eating and fun.

Position the grill well away from siding, deck railings and out from under eaves and overhanging branches. Never move the grill once lit.

Place the grill a safe distance from lawn games, play areas and foot traffic.

Never use a grill inside any structure.

Keep children and pets away from the grill area: declare a three-foot "safe zone" around the grill.

Put out several long-handled grilling tools to give the chef plenty of clearance from heat and flames when flipping burgers.

Periodically remove grease or fat buildup in trays below grill so it cannot be ignited

by a hot grill.

Keep a bucket of water, sand, or garden hose nearby in case of accidents.

If you have a charcoal grill, purchase the proper starter fluid and store the can out of reach of children, and away from heat sources.

If you are using fluid to start a charcoal grill, use only fluid intended for this purpose. It is extremely dangerous to substitute any other combustible liquid to start the coals. This is especially true for gasoline, which can be ignited explosively by even a tiny spark.

Apply starter fluid directly to the coals, then reseal and put away the can. Light the coals carefully, avoiding the flame flare-up. Store the can out of reach of children and away from heat sources. NEVER reapply starter fluid once fire has been lit.

When you've finished cooking, keep an eye on the grill until it has completely cooled. Charcoal can be soaked with water to speed the cooling process, but use extreme caution to avoid the steam and splatters, which can cause burns.

If you have a propane grill, check the propane cylinder hose for leaks before using it. A light soap and water solution applied to the hose will quickly reveal escaping propane by releasing bubbles. Have leaking fuel lines repaired before using.

All propane cylinders manufactured after April 2002 must have overfill protection devices (OPD). OPDs shut off the flow of propane before capacity is reached, limiting the potential for release of propane gas if the cylinder heats up.

Fran Milde, PhD, RN

**Bishop's Committee of St. Andrew's**  
Senior Warden, Fred Petersen  
Junior Warden, Randy Belton  
Treasurer, Caroline Brazell  
Clerk, Caroline Ferguson  
Worship, Gail Randall  
Outreach, Sarah Hixon  
Communications, Cally McKee  
Chris. Ed/Youth, Carol Chidsey  
Hospitality/Evan, Juli James

## Health Announcements

### **Blood Pressure Screening:**

Screening will take place after church on June 6 and June 20.

**Mission Statement:** "St Andrew's strives to provide a welcoming, diverse and intergenerational fellowship of worshippers, united in the Anglican tradition, serving the body of Christ, and committed to personal responsibility in our ministry."



## A Voice in the Wilderness



### Youth and Children's Corner

#### What is going on in Rite 13, Mariah McKay

Right Thirteen is now over for the year but we will still be doing a few things during the summer we hope. A few weeks ago was Emma and my Right Thirteen ceremony. We want to thank you all so much

for the support of our congregation in our journey. By the way, many times Right Thirteen has been in our church kitchen, and we have found that it desperately needs more utensils. So if anyone

comes across something in a store that you would be willing to buy for the church kitchen it would be appreciated.



#### Youth Choir finishes with a burst of energy, Barb Wise

The little ministry of music by the children of St. Andrew's has ended for the summer, but there were two great inter-generational services for Ascension and Pentecost, augmented by Fr. Bob's white and red balloons as symbols for those two important days in the church year. The children love singing with the adults, and over the year have come to sing very well. The singers were: Hattie McClain-Rellstab, Ryan and Matt McKee, Cap McClure with help sometimes from Macy, Emily and Andy Pearson, Jake Hathaway, Steven Winer, Taylyn and Jordan Costello, and Gage and DareyAnn Ceruti. We are happy Jordan has decided to sing "publicly" with us. Emily and Andy will be moving away this summer and we will miss them and their

parents very much. We hope they will be singers in their new church home. We would like to thank Katie McClure for coordinating snacks and picking up the kids at school in the church van. She's just there and helps us make things happen. The kids are ready to sing "The Butterfly Song" for the ranch mass. Thanks to Coralee for all her suggestions and help--we think we're a pretty good team for music with kids. In the fall there will be a song period during Wednesday school, so the children will continue their special ministry in music. Your complimentary comments to these kids will help them understand how much they can contribute to our worship. Many, many thanks to Coralee and Katie and to the parents who made it all happen.  
Barb Wise



#### All in the Family, Mary Thompson

Families come in all shapes and sizes, but one of the most vibrant "families" that comes to my mind is the family of St. Andrew's. And what is so cool about this family is that its primary mission is to "celebrate Christ in community." Wow, what a dynamic family that St. Andrew's group is . . .

Over this past year, one of the most successful ministries of our church has been the "Family Night," a once a month gathering for all at St. Andrew's. Initially, the thought was that families with children would enjoy the fellowship of gathering, food and games. Right away the organizers realized that there were many outside the "parents with school age children" definition that would enjoy the monthly party. Pat Jackson comes to mind as one of the first to support this program, and we are so glad she helped us to redefine the concept of "Family night."

Each month a different host family provided a delicious supper and an activity for all who came. For my family, having someone prepare and offer a wonderful meal was too good to pass up! Gig hats off to Carol Chidsey, Youth Ministry Director, and all the generous families who hosted the monthly gatherings. If you missed our Family Night" outreach, be sure to join us for the Father's Day Celebration coming up on Wednesday June 16 at 5:30 pm. This will be our culminating "banquet!" Bring your fishing gear for fun on the creek. Then next fall, as your dance card fills up, plan to block out your calendar for the "Family Night" events resuming in September.



June 2004

SUN	MON	TUE	WED	THU	FRI	SAT
		1 8AM Morning Prayer II	2 8AM Morning Prayer II 12:15PM HE I	3 8AM Morning Prayer II	4	5
6 8:30 HE II  11:15AM HE II Bondurant	7 10:45AM Ret Center MPII  7:30PM Bishop's	8 6:45AM Wor- ship Committee  8AM Morning Prayer II	9 8AM Morning Prayer II	10 8AM Morning Prayer II	11	12
13 8:30 HE II  11:15AM HE II	14 10:45AM Ret Center MPII	15 8AM Morning Prayer II	16 8AM Morning Prayer II	17 8AM Morning Prayer II	18	19
20 8:30 HE II  11:15AM HE II	21 10:45AM Ret Center MPII	22 8AM Morning Prayer II	23 8AM Morning Prayer II	24 8AM Morning Prayer II	25	26
27 8:30 HE II  11:15AM HE II Bondurant	28 10:45AM Ret Center MPII	29 8AM Morning Prayer II	30 8AM Morning Prayer II		MP=Morning Prayer HE=Holy Eucharist	CH=Choir Cmte= Committee





## Celebrating Christ in Community

ST. ANDREW'S IN THE PINES EPISCOPAL CHURCH

**St. Andrew's in the Pines  
Episcopal Church  
P. O. Box 847  
525 W. Pine Street  
Pinedale, Wyoming 82941**

Phone: 307 367-2674

Web:

[www.standrewsinthepines.org](http://www.standrewsinthepines.org)

E-mail:

[standrewsinthepines@wyoming.com](mailto:standrewsinthepines@wyoming.com)

Sponsorships available for  
the newsletter and  
advertisements available  
for the web page. See  
Irene!

## Worship Committee update, Gail Randall



Starting on June 6 we will have services at 8:30 am in Pinedale. In Bondurant services will be at 11:15 pm at St. Hubert the Hunter. Fr. Bob will begin in Bondurant on June 6 and visiting priests will do the rest of June. On June 13th, Rev. Suzanne Harris will be with us from Jackson, and on the 20th and 27th of June we are fortunate to have Rev. Ann Fontaine from Lander. Sunday July 4 is still being planned.

Beginning in June we will have a Gospel story for the children just before the sermon (intergenerational services are suspended until Fall). Come all ye children! Volunteers are welcome to talk to the worship committee about presenting stories.

We are all looking forward to Wes and Laura's arrival. Fr. Wes' first day, July 11, will be a special service. And finally, Van and Marilyn Huffman will be our hosts for the Ranch Mass on July 25!!

## Announcements

- If you read this in time, please plan to attend the pot luck thank you dinner for Fr. Bob at 6 pm in the undercroft on Sunday June 6.
- We all have one . . . a father that is. Husbands, grandfathers, uncles, cousins, brothers and great male friends come to mind too! Join our St. Andrew's family on Wednesday June 16 at 5:30 pm for dinner and fishing in celebration of Father's Day!
- St Andrew's is the lucky recipient of a set of hanging chimes from an anonymous donor. They have been installed in the back of the church in the "choir corner", and we used them for the first time last Sunday. One of the first happy chores we will be asking of Father Wes when he arrives is the blessing and dedication of this gift to our place of worship.

Newsletter Editor, Irene Wherritt <[irene-wherritt@uiowa.edu](mailto:irene-wherritt@uiowa.edu)> comments and suggestions welcome